



## A Weekend With Dr. Kerry Ridgway

Feb 25th and 26th, 2012

*Dr. Ridgway is an internationally known clinician and lecturer in Integrative Veterinary Medicine as well as Conventional Medicine. He has a strong background in Equine Sports Medicine, and Postural Rehabilitation Therapies that includes: Acupuncture, Chiropractic, Podiatry, Saddle Fitting and the Myofascial connection. Dr Ridgway has, as well, a deep understanding of the role of the rider.*

[www.drkerryridgway.com](http://www.drkerryridgway.com)

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### – Laterality – Right or Left Forelimb Dominance

There is an old adage that a “straight horse is a sound horse.” Essentially all horses are born crooked. This is due to limb dominance and serves the horse in nature very well. The biomechanics of the “natural horse” must change radically to make a riding horse that will stay sound. Uncorrected laterality creates most of the unsoundness problems that we veterinarians see. *Come learn how to recognize the patterns and to make corrections*

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### – The Mighty Psoas – Muscle Group

This incredible group of “core” muscles is a huge player in performance. They are also one of the most important muscles in the flight and flight response. When they remain in tension, they are the common denominator in so very many back and croup problems. Learn how you can manage these and eliminate so frequently occurring performance issues.

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### – Hyoid Muscle – Tension=Performance Deficits

How can a couple of muscles that hook onto the tongue to aid in swallowing possibly affect performance? The resulting phenomenon of such tension creates muscle pain/tension and spasms in the neck, TMJ pain, chiropractic problems etc. (Try this simple exercise – draw your tongue to the back of your throat and then try turning your head. Notice the muscle tension in your cervical area.) *You will learn how to easily eliminate or manage the problem.*

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### – Equine Ulcers – “The Tip of the Iceberg”

The incidence of digestive tract ulcers is far more prevalent than riders and even equine practitioners realize and so are the ramifications. For example, muscle pain and chiropractic issues that lead to performance problems and lameness. *There are patterns by which every rider can clinically identify the presence of ulcers. We will also discuss management for prevention.*

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Each day's program of lectures and demonstrations will be from 8:30 A.M.- 5:00 P.M.

There will be handout / syllabus material of all lectures

For further information and registration, contact Kristin Walker

602-818-4996 or e-mail...[Kristinmwalker@aol.com](mailto:Kristinmwalker@aol.com)

Venue: 35247 N.50th St, Cave Creek AZ 85331